

Chatham Kent Girls Hockey Association (CKGHA)

Return to Hockey Plan



Version 1.0
Created August 12, 2020

1.0 Overview

This return to hockey plan will evolve as guidelines from Hockey Canada, the OWHA, and the local Public Health Unit (Chatham-Kent Public Health Unit) are released. Our primary concern and focus remains on the safety of our players, staff and parents. We are committed to finding opportunities for girls to play hockey in Chatham-Kent while ensuring we keep safety top of mind.

We are currently operating in Stage 3a until August 31 and programming is based on the restrictions within the OHF Framework, of which OWHA is a member.

Current programming is group training with the following guidelines as per stage 3a:

- A maximum of 20 participants (including players and coaches) on the ice as per Municipality of Chatham-Kent
- Physical distancing is required on and off the ice
- Goaltenders will take shots from outside the physical distancing requirements

Additional information

- COVID screening is required prior to entering the arena
- A trainer is required at each session
- At this time only 2019/2020 CK Crush players and coaches may participate on ice
- A form will be created to ice slot sign up; every effort will be made to ensure ice allocation is fair.
- E-transfer of \$20 is required to payments@ckgha.com 24 hours prior to participation. Cash will not be accepted at the arena.

2.0 COVID-19 Education Resources

The following education resources will be posted on the CKGHA website and a link included in the email sent to participants.

Ontario Public Health Resources (includes hand hygiene, physical distancing, how to self-monitor, when and how to wear a mask, how to self-isolate)

<https://www.publichealthontario.ca/en/diseases-and-conditions/infectious-diseases/respiratory-diseases/novel-coronavirus/public-resources>

Ministry of Health Ontario: COVID-19 Reference Document for Symptoms:

http://www.health.gov.on.ca/en/pro/programs/publichealth/coronavirus/docs/2019_reference_doc_symptoms.pdf

Ontario COVID-19 Online Self-assessment Tool

<https://covid-19.ontario.ca/self-assessment/>

Ontario Women's Hockey Association Website:

www.owha.on.ca

3.0 Arena and Screening Protocols

The following protocols must be shared with and adhered to by all participants. Please see Appendix A for requirements from the Municipality of Chatham-Kent.

- Come to arena dressed (NO dressing rooms) and leave large hockey bags in your vehicle
- Groups will be permitted in the building 10 minutes before start of the session

- Masks must be worn when entering the arena
- Enter through the front doors, temperature will be taken (must be below 38 degrees Celsius) and completion of the online COVID questionnaire will be validated. The COVID questionnaire must be completed each time you enter. The online questionnaire must have been completed within four hours of the scheduled ice time.
- Players will be directed to stands side or bench side to put skates on, spots will be marked 6' apart
- When ready to go on the ice take mask off and put helmet on and wait in marked location until Zamboni doors are closed (suggest players bring a paper bag to put mask in while on the ice with their name on the bag)
- Enter the ice single file remaining 6' apart
- Social distancing requirements remain in place while on the ice
- When practice is finished, exit the ice single file remaining 6' apart, take helmet off put mask on, then remove skates
- Players will be expected to exit arena ASAP out backdoors on either stands side or players side
- Players bring their own water bottle clearly labelled with their name
- No spitting on the ice or in the facility at any time
- Dressing rooms and washrooms closed (one washroom available inside for emergency use)
- Parents or guardians will not be permitted in the facility unless a minor needs assistance to tie skates. In this case only one (1) parent or guardian will be granted temporary access, and must exit out the back as soon as they are done (NO spectators, only participants and coaching staffs allowed)
- Parents are asked to park behind the arena when picking up their child
- Arena has purchased a handheld disinfecting fog machine to help sanitize areas in between groups.
- Hand sanitizer stations will be located at the entrance and exits of the arena.

4.0 COVID-19 Response Plan

4.1 COVID-19 Oversight Group and Protocols

The COVID-19 Oversight Group responsible for developing and ensuring health and safety guidelines and policies are followed includes: Jessica Tufford, Tim DeMaeyer, Chris White, Jenny Sheppy and Stephanie Fife.

The oversight group is responsible for:

- Establishing a protocol if an individual becomes unwell during or following activities
- Establishing a protocol for individuals to report to the OWHA
- Establishing a protocol to inform individuals if there has been a possible exposure
- Establish procedures to postpone / cancel / modify / restrict training sessions

4.1.1 *An individual becomes unwell with symptoms of COVID-19* (applies to a player, parent or staff member / volunteer)

- If an individual becomes unwell with symptoms of COVID-19, or if someone is aware of an individual that becomes unwell with symptoms of COVID-19, that individual must immediately stop participation in hockey activities
- The individual should be isolated from all others in a well-ventilated area or outside and provided with a non-medical face mask if one is available.
- The individual shall be sent home and instructed to follow public health guidelines regarding self-isolation and testing

- The facility should be informed in order to determine if any areas need to be closed off an/or require additional cleaning / disinfecting.
- A member of the COVID-19 Oversight Group should be informed of the situation and should contact the individual or their parent/guardian to determine if next steps are being taken regarding testing
- The OWHA President and/or Director Operations should be informed of the situation as soon as possible An individual is tested for COVID-19
- A designated member of the COVID-19 Oversight group will establish and continue contact until resolution.

4.1.2 An individual becomes unwell with symptoms of COVID-19 following participation
(applies to a player, parent or staff member / volunteer)

- The individual will contact a member of the COVID-19 Oversight Group. Email addresses can be found on the CKGHA website.
- The COVID-19 Oversight Group will inform other participants who may have been in close contact.
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals
- A designated member of the COVID-19 Oversight group will establish and continue contact until resolution.

4.1.3 An individual is tested for COVID-19
(applies to a player, parent or staff member / volunteer)

- Any individual that is part of a hockey program that has been tested for COVID-19 must not participate in hockey activities while waiting for the results of the test and not until a negative test result is received
- The association/team will consult the Session Participation tracking sheets to inform other participants who might have been in close contact with the individual
- Any association/team members who were in close contact with the individual should not participate in hockey activities and should follow public health guidelines until the diagnosis of COVID-19 is ruled out by health professionals
- A designated member of the COVID-19 Oversight group will establish and continue contact until resolution.

4.1.4 An individual tests positive for COVID-19
(applies to a player, parent or staff member / volunteer)

- If an individual tests positive for COVID-19, they should inform a member of the association/team COVID-19 Oversight Group
- The COVID-19 Oversight Group will work where requested with the facility and public health officials to assist in contact tracing. The Session Participation tracking sheets may be used to assist public health officials in informing other members who may have been in close contact with the individual
- Any association/team members who were in close contact with the individual should not participate in hockey activities for 14 days and should follow public health guidelines regarding self-isolation and testing
- It is recommended to also inform all members of a positive COVID-19 result within the hockey program setting

- The association/team should inform and work with the facility in the case of a positive COVID19 result and determine if any additional cleaning/disinfecting should be performed as per the facility's guidelines
- The association/team will inform OWHA of a positive COVID-19 diagnosis by e- mailing team@owha.on.ca
- A designated member of the COVID-19 Oversight Group will establish and continue contact until resolution.

4.1.5 Return to hockey activities following illness

- If no test was performed, or the COVID-19 test was negative, the individual may only return to hockey activities once they no longer have any symptoms of COVID-19
- The individual will be in contact with the COVID-19 Oversight Group prior to attending hockey activities

4.1.6 Return to hockey activities following COVID-19

- Following a positive COVID-19 test, an individual must follow all public health guidelines regarding return to activities.

4.2 Protocol for modification/restriction/postponing or canceling of hockey development activities

- Based on the evolving COVID-19 pandemic, CKGHA must be prepared to follow public health, municipal/provincial government, and sport recommendations regarding modifying/restricting/postponing or canceling activities
- Associations/teams should establish a program cancelation policy if one does not exist already
- Associations/team members should be informed as soon as possible of any modifications/restrictions or cancelations
- Association/teams must keep any modifications and restrictions in place until advised that it is safe to resume activities by public health, government, or sport officials.

4.3 Public Health Guidelines

Association/team members should follow all public health guidelines regarding COVID-19. These may include:

- Any association/team members who themselves have travelled outside of Canada, or has someone in their household who has travelled outside Canada must self-isolate and not participate in club/skating school activities for 14 days
- Any individual who has been exposed to someone with a confirmed case of COVID-19 should self-isolate and is not permitted to participate in hockey activities for 14 days
- Any individual with symptoms of COVID-19 is not permitted to take part in hockey activities
- Any individual who has someone in

4.4 Procedure to cancel / modify / restrict / postpone training activities

Final decision on a modification will be determined by the COVID-19 Oversight Group.

As soon as a modification to a planned activity is known, communication to all participants will be issued using the following tactics:

- Use the email list of participants to send a notice
- Post modification on Facebook site
- Post modification on CKGHA website
- One member of the oversight team will attend the arena and post a notice

5.0 Additional Information for On Ice Sessions

5.1 Session Participation Tracking Sheets

- Tracking sheets will be completed for all participants, staff and parents that enter the arena
- Information to be completed includes name, role (parent, staff, player), contact number, email, screening status
- Tracking sheets will be retained by a member of the COVID-19 Oversight Group
- An example tracking sheet is found in Appendix B

5.2 Volunteers and Additional Safety Information

- 3 volunteers are required for each session
 - 1) To complete screening at the door
 - 2) Registration table to ensure participants have registered and paid
 - 3) Help with directing girls and ensuring protocols are adhered to
- A member of the COVID-19 Oversight Group should always be present
- A kit containing extra masks, thermometer, gloves, hand sanitizer etc. will be at each session
- A trainer and trainer's kit are required at each session

Appendix A Requirements from the Municipality of Chatham-Kent

Municipality of Chatham-Kent

COVID-19 – Health & Safety Protocols Sign Off from _____ to

Please check and ensure that all of your participants and spectators entering the facility are aware of the facility health and safety protocols

- If you are feeling ill please do not to enter the building (**symptoms of COVID-19 can include but are not limited to COUGH/FEVER/DIFFICULTY BREATHING/PNEUMONIA IN BOTH LUNGS, if you are experiencing any of these symptoms please stay home and seek medical assistance**). Temperature of everyone entering the building will be taken. This can be done by a group representative.
- All visitors are required to follow social distancing measures at all times
- All visitors must enter through designated entrance 10 minutes before start of rental and sign in.
- Groups will be asked to provide a list of individuals on the ice for their time slot 24hrs before hand (this is for trace tracking purpose if needed). This list will need to be given to the arena supervisor. Consider OHF and Chatham-Kent Public Health Guidelines for number of people permitted in the facility or on ice surface
- No spectators are permitted in the building
- All visitors are required to wear a face mask while in the building (not required for on ice rental)
- Physical distancing signage, floor signage and posters will be posted throughout the facility please make sure they are followed at all times
- No spitting on the ice or in the facility at any time
- All visitors must exit through their designated exit area
- All ice times are minimum 50 min. in length
- Groups may enter the Arena 10 min. prior to ice time
- All Dressing Room and shower areas will be locked
- Chairs will be set up 6 feet apart for players to put their skates on
- (20) Maximum number of people on ice
- All ice payments must be made over the phone, no cash accepted at the Arena. No credits or refunds will be given
- Municipality of Chatham-Kent will ask people to leave the facility if they are not following physical distancing measures put in place

I agree to make all the participants with my booking aware of all of the policies and procedures laid out by the Municipality of Chatham-Kent.

Contact: _____ Signature: _____

Date: _____

Appendix B: Tracking Sheet

Appendix D: SAMPLE TRACKING SHEET



OWHA DEVELOPMENT APPLICATION COMPLIANT WITH COVID-19 LIST OF ALL PEOPLE IN ATTENDANCE



DATE OF ACTIVITY: _____ TIME FRAME: _____

PLACE: _____ LEAD PERSON: _____

OTHER DETAILS: _____

NAME OF PERSON IN ATTENDANCE	ROLE Eg: Player, Staff, Parent	Contact Number	EMAIL	SCREENING STATUS If not pass, sent home